



















HUNGER ACTION MONTH SEPTEMBER 2023

30 WAYS IN 30 DAYS

This September, we invite you to bring your friends, family, and team together in the name of nutrition security. Follow this calendar for daily ways to take action toward ending hunger in our community. Some of these actions are connected to a date, but not all! So, feel free to do them throughout the month in whatever order works best for you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3</p> <p>Subscribe to our newsletter </p>	<p>4</p> <p>Labor Day Have your squad make a donation to Second Harvest</p>	<p>5</p> <p>5 Unexpected Benefits of Volunteering as a Family </p>	<p>6</p> <p>Volunteer your time with us </p>	<p>7</p> <p>Advocate by joining Feeding Wisconsin </p>	<p>1</p> <p>It's National Foodbank Day! Share this calendar with a friend</p> <p>Check off as you go! <input checked="" type="checkbox"/></p>	<p>2</p> <p>Join us on social @SecondHarvestSW </p>
<p>10</p> <p>World Suicide Prevention Day Nutrition security is suicide prevention</p>	<p>11</p> <p>Share our food resources post from yesterday on social media</p>	<p>12</p> <p>Ask a friend or colleague to Go Orange with you this Friday!</p>	<p>13</p> <p>Sign up for a tour of our distribution center </p>	<p>14</p> <p>Pick out your orange gear for tomorrow and watch NBC15 for how to Go Orange!</p>	<p>8</p> <p>International Literacy Day Talk to kids about hunger </p>	<p>9</p> <p>Hispanic Heritage Month 17% of Latinx communities are at risk of food insecurity</p>
<p>17</p> <p>Join @FeedingAmerica on social </p>	<p>18</p> <p>Watch our Farm to Foodbank Initiative video </p>	<p>19</p> <p>National Voter Registration Day Your voice matters, help us end hunger with your vote</p>	<p>20</p> <p>Contact us to do a lunch and learn at your workplace or community group</p>	<p>21</p> <p>Request-A-Thon  Call 608-204-8000, your donation will be matched*! Make a minimum donation to have your song played!</p>	<p>15</p> <p>Go Orange Day! Wear orange, take a selfie, send it in at nbc15.com/orange </p>	<p>16</p> <p>Make the Food Safety Honor Roll This School Year </p>
<p>24</p> <p>FREE SPACE Because rest is necessary for community care.</p>	<p>25</p> <p>Share our food resources post from yesterday on social media</p>	<p>26</p> <p>Register your team for a fund and food drive </p>	<p>27</p> <p>Find your local food provider </p>	<p>28</p> <p>Learn about Community Cooks! </p>	<p>22</p> <p>Listen to the Feeding America podcast: Elevating Voices, Ending Hunger</p>	<p>23</p> <p>Tell congress about hunger in your area </p>
					<p>29</p> <p>Join @FeedingWisconsin on social </p>	<p>30</p> <p>Our work doesn't end today, check out our strategic plan. </p>

*On September 21, 2023, the first \$15,000 donated will be matched, thanks to our generous campaign partner Alliant Energy Foundation.