Check off each daily action you take, and **scan the QR code** in the corner to access the digital assets we've put together for each day!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Kick-off **Hunger Action Month** by sharing this calendar with a friend!	**2** **Today is Labor Day!** Thank a farmer or farm worker today. #ThankAFarmer	**3** **Join us on socials!** @SecondHarvestSW	**4** **Subscribe to our newsletter** & stay up-to-date with all things Second Harvest!	**5** **Orange symbolizes hunger awareness.** Rock it all month long!	**6** **Today is National Food Bank Day!** Consider donating our most requested items.	**7** Ask a friend to **Go Orange** with you this Tuesday! Make it fun and memorable; maybe a feather boa?
8 **Today is International Literacy Day!** View our reading recommendations.	**9** **Pick out your orange for tomorrow** and don't forget to tune in to WMTV 15!	**10** **Go Orange for Hunger Action Day!** Each photo submitted to WMTV 15 provides up to $100 in groceries.*	**11** **Join Feeding America on socials!** @FeedingAmerica	**12** Today only, **have your donation TRIPLED** during our Flash Match!**	**13** Check out our **Hunger Action Month** social toolkit, and post about #HungerActionMonth.	**14** **Tailgaiting the Badger vs. 'Bama game?** Set up your own food drive during the fun!
15 Learn the benefits of becoming a **Monthly Donor!**	**16** Watch our **Farm to Foodbank** video and learn how we're boosting the local economy.	**17** **It's National Voter Registration Day.** Ending hunger starts at the ballot box.	**18** Learn how to set up your own **food & fund drive!**	**19** Send a letter to **your lawmakers about hunger in your community.**	**20** Read and share Feeding America's **Five Myths About Hunger.**	**21** **Volunteer your time with us!** Friends, family, and teams are always welcome.
22 **Make hunger a topic of conversation**. Ending the stigma takes all of us!	**23** Listen to the Feeding America podcast; **Elevating Voices, Ending Hunger.**	**24** **FREE SPACE** Rest is revolutionary, and necessary for community care.	**25** Pick out a song for tomorrow's **Request-A-Thon!**	**26** **Today is Request-A-Thon!** Call 608-204-8000, request a song, and have your donation matched.***	**27** Check out the 3 key takeaways from Feeding America's new **Map the Meal Gap study**.	**28** Have you heard about **FoodShare and the QUEST card?** Learn more!
29 **Does your employer match donations?** Ask your HR manager!	**30** **Share Your Holidays is just around the corner.** It's never too early to regitster for a food or fund drive!					

SECOND HARVEST FOODBANK OF SOUTHERN WISCONSIN

SEPTEMBER 2024

HUNGER ACTION MONTH

30 WAYS IN 30 DAYS

This September, we invite you to bring your friends, family, and team together in the name of food security. Follow this calendar for daily ways to take action toward ending hunger in our community.

Ready to take action? Scan this QR code to access all the resources mentioned above!

*The first 500 photos submitted will each provide up to $100 in groceries, thanks to the Alliant Energy Foundation and Lands' End.
** Flash Match funds are provided by the Alliant Energy Foundation.
***Request-A-Thon match funds are provided by the Alliant Energy Foundation and Quartz Health.